



## Herb Inspired Eats, Treats & Trails Two- Day Sample Itinerary

Welcome to Gahanna – the Herb Capital of Ohio! Chart your group adventure along our one-of-a-kind Herbal Trail, featuring dozens of experiences that immerse visitors in the health, culinary and wellness benefits of herbs! To book this adventure or learn about our other many Herbal Trail experiences, contact Mary Szymkowiak at the Gahanna OH Convention & Visitors Bureau. (614/418-9114 [MSzymko@VisitGahanna.com](mailto:MSzymko@VisitGahanna.com)).

**Morning: Preserving the Harvest.** Experience one of our MOST popular group workshops! Whether you are an avid gardener, cook or just looking for great ideas for homemade gifts, you'll leave this class inspired with great ways to incorporate garden herbs into your life. Create an herb-infused culinary creation to take home—and pick up recipes and tips to enjoy herbs in your cooking and in your home. \$13/pp

**Lunch at Barrel & Boar:** Savor the flavors of mouth watering BBQ cooked low and slow. Choose from homemade comfort food sides including Mac & Cheese, Carolina Hush Puppies, Fried Okra, BBQ Beans with Brisket, Sweet Potato Fries and more. Enjoy the views of Creekside Park from the patio during your lunch!

**Early Afternoon: Herbal Trailblazers.** Experience Gahanna's Herbal Trail in a fun and engaging way during this 1.5 hour adventure. Smell, taste and savor some delightful herbs—while visiting three of Gahanna's signature businesses. Your Gahanna CVB guide will meet your group upon their arrival in Olde Gahanna, divide them into smaller groups and provide guests with a trivia game sheet and an explanation of how the activity will work. Guests will explore Olde Gahanna, visiting three local businesses for answers to trivia questions about some powerful herbs—their characteristics, healing properties and culinary uses. Enjoy treats, gifts and activities along the way! Cost: \$12/per person.

More ...

### **Late Afternoon: Makin' Whoopie... Pies!**

Visit a 1950s retro themed bakery and discover the history of that mouth-watering treat ... The Whoopie Pie! There has been a long-standing battle between Maine and Pennsylvania over the origin of this traditional and beloved comfort food, but after you visit Mrs. Turbo's Cookies™ and practice some hands-on skills (and tastes) of your own—we think you'll agree that the BEST Whoopie Pie's originate in Gahanna, Ohio! You may even discover Mrs. Turbo's signature flavors like Lemon Thyme or Lavender Blueberry ... straight from Ohio's Herb Capital! \$7/pp.

**Dinner: 101 Beer Kitchen.** Savor seasonal, locally sourced chef-driven cuisine in fun setting. This signature Central Ohio eatery provides friendly service with an uncomplicated, comfortable style. Focused on educating visitors in the joys of food and beer.

**After Dinner.** Unwind back at your Gahanna hotel and enjoy a game of cards, a meeting and performance by a local musician or take the hotel shuttle (or the motorcoach) to **Easton Town Center** for some upscale shopping at “*The Rodeo Drive of the Midwest*” (USA Today).

### **DAY 2:**

#### **9-11 am - Universal Design Living Laboratory**

Gahanna is home to THE highest rated universal design home in North America (earning 3 national certifications)! Tour the Universal Design Living Laboratory, the breathtaking Frank Lloyd Wright inspired home, and meet the inspiring couple that envisioned (and now resides in) this home. This home went beyond green to promote an economically, environmentally and socially sustainable lifestyle. It provides comfort, independence, convenience and safety for people who have physical challenges as well as for those who would like to age in place gracefully. Universal design features include: no step entrances, low door thresholds, wider doors and hallways, a garden with waterfall and wheelchair friendly bridge and much more. \$15/per person. (Minimum 30.)

### **Lunch:**

**BSpot Burgers:** Calling all tried-and-true burger lovers ... Get ready to experience Celebrity chef Michael Symon's industrial-chic restaurant serving up gourmet burgers & spiked milkshakes. Try the Lola Burger (served with a sunny side up egg, bacon, pickled red onion and cheddar), the Doug (with coleslaw, pastrami, stadium mustard and swiss cheese), The Old School (thick cut bologna sandwich served with dill pickles, mustard and American cheese) ... then add some Lola Fries (with Rosemary – an Herb Capital favorite!) and a Vanilla Bean Apple Pie & Bacon Shake and you'll be in culinary heaven!

**Tour an Herbal Paradise OR/ Field-to-Vase Tour** Enjoy a private tour of the 65-acre organic farm that produces 100+ herb varieties and supplies many of Columbus top chefs! Or enjoy a Field-to-Vase Tour and Class where guests harvest blooms from the beautiful flower gardens and create inspired bouquets. Herbal Paradise Tour, \$15 per person–1.5 hours/ Field-to-vase tour and class, minimum 25 people, \$25 per person–2 hours.

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To book this itinerary or for more information about Gahanna, Ohio, contact Mary Szymkowiak at the Gahanna OH Convention & Visitors Bureau at 614/418-9114 or [MSzymko@visitgahanna.com](mailto:MSzymko@visitgahanna.com)